

Reality according to Abhidhamma

Classification of reality:

- conditioned (*saṅkhata*) - unconditioned (*asaṅkhata*)
- conventional (*paññatti*) - ultimate (*paramattha*)

Ultimate realities (*paramattha-dhammā*):

Mind (*nāma*), matter (*rūpa*), *Nibbāna*
 Consciousness (*citta*), mental factors (*cetasika*), matter (*rūpa*); *Nibbāna*
 89 / 121 52 28 1 = 170 / 202

wholesome (*kusala*) - unwholesome (*akusala*) - others, karmical independent (*abyākata*)
 46 / 62 26 98 / 114 = 170 / 202

Aggregate of matter (<i>rūpakkhandha</i>) – 28 Aggregate of feelings (<i>vedanākkhandha</i>) – 1 Aggregate of perceptions (<i>saññākkhandha</i>) – 1 Aggregate of mental formations (<i>saṅkhārakkhandha</i>) – 50 Aggregate of consciousness (<i>viññāṇakkhandha</i>) – 89 / 121 <i>Nibbāna</i> – 1	} } } } }	5 aggregates (<i>pañca khandhā</i>)	} } } } }	170 / 202
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Types of reality (realities):

Conditioned realities (<i>saṅkhata</i>)		Unconditioned realities (<i>asaṅkhata</i>)		
Conventional reality or truth <i>Sammuti (Sacca)</i> Concepts - <i>Paññatti</i>		Ultimate realities, “absolute” realities or truth <i>Paramattha (Sacca)</i>		
<i>nāma-paññatti</i> name of a thing, phenomenon, person or being	<i>attha-paññatti</i> thing, person or being	<i>nāma</i> mind, mentality, heart, psyche, mental state, mental phenomena	<i>rūpa</i> body, matter, material qualities, physical phenomena / natures	<i>Nibbāna</i>
		<i>citta</i> (89/121) = consciousness <i>cetasikas</i> (52) = mental factors, mental states, mental qualities	28 <i>rūpas</i> : 4 <i>mahābhūtas</i> great essentials, 5 sense-organs, sense-objects, etc.	2 kinds: <i>kilesa-nibbāna</i> = <i>sa’upadisesa N. khandha-nibbāna</i> = <i>anupadisesa N.</i>
Objects for <i>Samatha</i>		Objects for <i>Vipassanā</i> Universal characteristics: <i>anicca, dukkha, anattā</i>		Object “in the enlightenment” (<i>magga + phala</i>) Characteristic: <i>anattā</i>